FOSTER CITY POLICE DEPARTMENT
LESS LETHAL WEAPONS (4 Hours)

COURSE GOAL
The course will provide the trainee with the minimum topics of Less Lethal Weapons required in the POST Perishable Skills Training Program (PSP). The trainee will develop the necessary tactical knowledge and skills to safely and effectively control a suspect through the use of Less Lethal Weapons.

The course consists of a hands-on/practical skills of less lethal weapons training for in-service officers. The training will be presented in a 4 hour block format allowing for flexibility based upon specific agency or trainee group needs, and as long as the minimum topics are contained within each format independently.

FOUR HOUR BLOCK:

LESS LETHAL WEAPONS

Topics covered/Practical:

a. Safety orientation
b. Policies and legal issues
c. Use of Force considerations
d. De-escalation Techniques / Crisis Intervention
e. Ethics
f. First Aid
g. Verbal commands
h. Target areas/Critical areas
i. Weapon nomenclature
j. Use of less lethal weapons
k. Student Evaluation/Testing

COURSE OBJECTIVES:

The trainee will:

A. Demonstrate knowledge of Foster City Police Department Use of Force Policy (less lethal weapons).
B. Demonstrate knowledge of the importance of mental and physical conditioning as it relates to less lethal weapons.
C. Demonstrate a minimum standard of less lethal weapons with every technique and exercise, to include:
   1. Judgment and Decision Making
   2. Officer Safety
3. Body Balance, Stance and Movement
4. Verbal Commands

E. Effectiveness under Stress Conditions
F. Medical Aid

Minimum standards of performance shall be tested by an instructor observing the trainee during their performance of each technique and exercise. If the trainee does not meet minimum standards, as established by the presenter, remediation will be provided until the standard is met.

EXPANDED COURSE OUTLINE

I. REGISTRATION AND ORIENTATION

A. Introduction, Registration and Orientation
B. Course Objectives/Overview, Exercises, Evaluation/Testing

II. SAFETY ORIENTATION AND WARM-UP

A. Review of Safety Policies and injury precautions (Pre-existing injuries)
B. All Students will participate in warm-up/stretching exercises

III. USE OF FORCE POLICIES AND LEGAL ISSUES

A. Case Law Update, report documentation and policy
   1. Graham v Connor
   2. Deorle v Rutherford
B. Department Policy – Lexipol Use of force policy.

IV. TARGET AREAS AND NON-TARGET AREAS

A. Surface areas closest to the bone
   1. Arms
   2. Elbows
   3. Legs
   4. Shins
   5. Knees
B. Avoid potential vital areas of the body
   1. Head
   2. Neck
   3. Throat
   4. Heart
   5. Solar Plexus
6. Kidney  
7. Groin  
8. Spine  

V. Weapon Familiarization  

A. Safety orientation  
   1. Review of Safety Policies and injury precautions (Pre-existing injuries)  
   2. Range safety rules  
   3. Range safety gear  

B. Nomenclature  

C. Ammunition  
   1. Specifications  
   2. Weapon Handling  
   3. Inspection of weapon  

D. Site picture  

VI. Practical  

A. Tactical Considerations  
   1. Less Lethal Cover  
   2. Cover and concealment  
   3. Scene dynamics  

B. Scenarios  
   1. Non-firing  
   2. Firing  

VII. Testing: Any student scoring below standard on any exercise, as established by the presenter, will be remediated, tested until standard is achieved.  

A. Range Qualification  
   1. Instructor Demonstration  
   2. Qualification – 2 rounds minimum  

B. Debrief  
   1. Review/questions  
   2. P.O.S.T. sign-in