Back to Basics Pistol/Rifle/Shotgun Range

A. Objective:

To conduct a back to basics course, which incorporates the AR-15 rifle, the shotgun and the pistol. Emphasis will be placed on the fundamentals of shooting. A safety briefing will be held. (30 Min)

B. Back to Basics PowerPoint Lecture

a. Fundamentals of Shooting – Rifle/Pistol/Shotgun
   1. Stance
   2. Grip
   3. Sight Picture
   4. Sight Alignment
   5. Trigger/Finger Placement
   6. Breath Control
   7. Trigger Control
   8. Follow Through

-Pistol: Students will practice dry fire followed by live fire drills (60 Min)

BREAK (15 Min)

C. Shotgun Basics:
   a. Shooting fundamentals
   b. Proper placement of the shotgun
   c. Sight Picture
   d. Managing recoil
   e. Reloading

-Shotgun: Students will practice dry fire followed by live fire drills (25 Min)

D. Rifle Basics:
   a. Shooting fundamentals
   b. Proper placement of the rifle
   c. Using the sling
   d. Sight Picture/Optic
   e. Managing recoil
   f. Reloading

-Rifle: Students will practice dry fire followed by live fire drills (35 Min)

BREAK (15 Min)

E. Testing
- Students will have to successfully complete a qualification course of fire for the pistol, shotgun, and rifle.
- Students will need a 70% or higher to pass the course. (60 Min)

**Total Range Time 4 Hrs.**