

## **Back to Basics Pistol/Rifle/Shotgun Range**

### A. Objective:

To conduct a back to basics course, which incorporates the AR-15 rifle, the shotgun and the pistol. Emphasis will be placed on the fundamentals of shooting. A safety briefing will be held. **(30 Min)**

### B. Back to Basics PowerPoint Lecture

#### a. Fundamentals of Shooting – Rifle/Pistol/Shotgun

1. Stance
2. Grip
3. Sight Picture
4. Sight Alignment
5. Trigger/Finger Placement
6. Breath Control
7. Trigger Control
8. Follow Through

-Pistol: Students will practice dry fire followed by live fire drills **(60 Min)**

**BREAK**  
**(15 Min)**

### C. Shotgun Basics:

- a. Shooting fundamentals
- b. Proper placement of the shotgun
- c. Sight Picture
- d. Managing recoil
- e. Reloading

-Shotgun: Students will practice dry fire followed by live fire drills **(25 Min)**

### D. Rifle Basics:

- a. Shooting fundamentals
- b. Proper placement of the rifle
- c. Using the sling
- d. Sight Picture/Optic
- e. Managing recoil
- f. Reloading

-Rifle: Students will practice dry fire followed by live fire drills **(35 Min)**

**BREAK**  
**(15 Min)**

### E. Testing

- Students will have to successfully complete a qualification course of fire for the pistol, shotgun, and rifle.
- Students will need a 70% or higher to pass the course. **(60 Min)**

**Total Range Time 4 Hrs.**