

With:
Frances Ancheta Becker,
MS, RN, CTRS

ONLINE: CREATIVE ARTS SERIES - WORKSHOP 1 (AGES 18 +)

THE FOCUS OF THIS WORKSHOP IS TO CREATE A PIECE OF ART/CRAFT WHILE EXPLORING A NEW TALENT, FOR SELF-EXPRESSION AND RELAXATION. THE MEDIUM IS "TISSUE COLLAGE:, THE "CLASS IN A BOX" SUPPLIES WILL BE PROVIDED FOR EACH PARTICIPANT TO PICK UP BEFORE THE FIRST DAY OF THE VIRTUAL CLASS. THE FIRST HOUR OF THIS CLASS SESSION IS INSTRUCTION AND THE SECOND HOUR IS FOR "OPEN STUDIO/FREE WORK". \$5 SUPPLIES FEE TO BE PAID TO THE INSTRUCTOR. THIS CREATIVE ARTS CLASS SERIES OF WORKSHOPS IS LED BY MS. FRANCE, WHICH IS A CREATIVE ARTS/RECREATION THERAPIST AND PERFORMING MUSICAL ARTISTS WITH YEARS OF EXPERIENCE. THE INSTRUCTOR SPEAKS ENGLISH, SPANISH, AND TAGALOG. SPONSORED BY THE FOSTER CITY VILLAGE, PENINSULA HEALTH CARE DISTRICT, AND IN PARTNERSHIP WITH THE FOSTER CITY PARKS AND RECREATION DEPARTMENT.

ACTIVITY # DAY DATE TIME FEE FALLZOOM20.A2-A TU 09/15/20 1:00 PM - 3:00 PM \$10

ONLINE: CREATIVE ARTS SERIES - WORKSHOP 2
(AGES 18 +)

THE FOCUS OF THIS WORKSHOP IS TO CREATE A PIECE OF ART/CRAFT WHILE EXPLORING A NEW TALENT, FOR SELF-EXPRESSION AND RELAXATION. THE MEDIUM IS "DECORATIVE WELLNESS BOXES". THE "CLASS IN A BOX" SUPPLIES WILL BE PROVIDED FOR EACH PARTICIPANT TO PICK UP BEFORE THE FIRST DAY OF THE VIRTUAL CLASS. THE FIRST HOUR OF THIS CLASS SESSION IS INSTRUCTION AND THE SECOND HOUR IS FOR "OPEN STUDIO/FREE WORK". \$5 SUPPLIES FEE TO BE PAID TO THE INSTRUCTOR. THIS CREATIVE ARTS CLASS SERIES OF WORKSHOPS IS LED BY MS. FRANCE, WHICH IS A CREATIVE ARTS/RECREATION THERAPIST AND PERFORMING MUSICAL ARTISTS WITH YEARS OF EXPERIENCE. THE INSTRUCTOR SPEAKS ENGLISH, SPANISH, AND TAGALOG. SPONSORED BY THE FOSTER CITY VILLAGE, PENINSULA HEALTH CARE DISTRICT, AND IN PARTNERSHIP WITH THE FOSTER CITY PARKS AND RECREATION DEPARTMENT.

ACTIVITY # DAY DATE TIME FEE FALLZOOM20.A3-A TU 10/13/20 1:00 PM - 3:00 PM \$10

ONLINE: CREATIVE ARTS SERIES - WORKSHOP 3 (AGES 18 +)

THE FOCUS OF THIS WORKSHOP IS TO CREATE A PIECE OF ART/CRAFT WHILE EXPLORING A NEW TALENT, FOR SELF-EXPRESSION AND RELAXATION. THE MEDIUM IS "POETRY WRITING (GRATITUDE THEME) AND CARD MAKING STUDIO". THE "CLASS IN A BOX" SUPPLIES WILL BE PROVIDED FOR EACH PARTICIPANT TO PICK UP BEFORE THE FIRST DAY OF THE VIRTUAL CLASS. THE FIRST HOUR OF THIS CLASS SESSION IS INSTRUCTION AND THE SECOND HOUR IS FOR "OPEN STUDIO/FREE WORK". \$5 SUPPLIES FEE TO BE PAID TO THE INSTRUCTOR. THIS CREATIVE ARTS CLASS SERIES OF WORKSHOPS IS LED BY MS. FRANCE, WHICH IS A CREATIVE ARTS/RECREATION THERAPIST AND PERFORMING MUSICAL ARTISTS WITH YEARS OF EXPERIENCE. THE INSTRUCTOR SPEAKS ENGLISH, SPANISH, AND TAGALOG. SPONSORED BY THE FOSTER CITY VILLAGE, PENINSULA HEALTH CARE DISTRICT, AND IN PARTNERSHIP WITH THE FOSTER CITY PARKS AND RECREATION DEPARTMENT.

ACTIVITY # DAY DATE TIME FEE FALLZOOM20.A4-A TU 11/03/20 1:00 PM - 3:00 PM \$10

ONLINE: CREATIVE ARTS SERIES - WORKSHOP 4

(AGES 18 +)

THE FOCUS OF THIS WORKSHOP IS TO CREATE A PIECE OF ART/CRAFT WHILE EXPLORING A NEW TALENT, FOR SELF-EXPRESSION AND RELAXATION. THE MEDIUM IS "HOLIDAY CRAFTS". THE "CLASS IN A BOX" SUPPLIES WILL BE PROVIDED FOR EACH PARTICIPANT TO PICK UP BEFORE THE FIRST DAY OF THE VIRTUAL CLASS. THE FIRST HOUR OF THIS CLASS SESSION IS INSTRUCTION AND THE SECOND HOUR IS FOR "OPEN STUDIO/FREE WORK". \$5 SUPPLIES FEE TO BE PAID TO THE INSTRUCTOR. THIS CREATIVE ARTS CLASS SERIES OF WORKSHOPS IS LED BY MS. FRANCE, WHICH IS A CREATIVE ARTS/RECREATION THERAPIST AND PERFORMING MUSICAL ARTISTS WITH YEARS OF EXPERIENCE. THE INSTRUCTOR SPEAKS ENGLISH, SPANISH, AND TAGALOG. SPONSORED BY THE FOSTER CITY VILLAGE, PENINSULA HEALTH CARE DISTRICT, AND IN PARTNERSHIP WITH THE FOSTER CITY PARKS AND RECREATION DEPARTMENT.

ACTIVITY # DAY DATE TIME FEE FALLZOOM20.A5-A TU 12/08/20 1:00 PM - 3:00 PM \$10