



COUNTY OF SAN MATEO
HUMAN SERVICES AGENCY

Help is Here

Benefits You May Qualify For

Not just for families—singles and all household types may qualify.



Financial assistance programs support eligible low-income individuals and households with monthly cash aid.



CalFresh provides monthly food benefits on an EBT card for those with low income.



Medi-Cal offers free or low-cost health coverage for Californians with low income.

To learn more or apply, call:

1-800-223-8383

or
visit

Human Services Agency Offices

Open 8 am - 5 pm Monday through Friday

400 Harbor Blvd. Bldg. B, Belmont, CA 94002

2500 Middlefield Rd, Redwood City, CA 94063

2415 University Ave, 3rd floor, East Palo Alto, CA 94303

271 92nd St., Daly City, CA 94015



online





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La ayuda está aquí

Beneficios para los que puede calificar

No solo para familias: solteros y todo tipo de hogares también pueden calificar.



Los programas de asistencia financiera apoyan a personas y hogares de bajos ingresos que cumplen con los requisitos, proporcionando ayuda económica mensual.



CalFresh ofrece beneficios mensuales de alimentos a través de una tarjeta EBT para personas con bajos ingresos.



Medi-Cal brinda cobertura de salud gratuita o de bajo costo a californianos con bajos ingresos.

Para obtener más información o para solicitar, llame al:

1-800-223-8383

o

visite



en línea

Human Services Agency Offices

Abierto de 8 a.m. a 5 p.m., de lunes a viernes

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Narito ang Tulong

Mga Benepisyo na Maaaring Karapat-dapat Ka

Hindi lamang para sa mga pamilya—maaari ring mag-qualify ang mga single at lahat ng uri ng sambahayan.



Sinusuportahan ng mga programang pampinansyal ang mga karapat-dapat na indibidwal at sambahayan na may mababang kita sa pamamagitan ng buwanang tulong-pinansyal.



Nagbibigay ang CalFresh ng buwanang benepisyo sa pagkain sa pamamagitan ng EBT card para sa mga may mababang kita.



Nag-aalok ang Medi-Cal nang libre o murang saklaw na pangkalusugan para sa mga Californian na mababa and kita.

Para sa karagdagang impormasyon o upang mag-apply, tumawag sa:

1-800-223-8383

o

bisitahin ang

Human Services Agency Offices

Bukas mula 8 a.m. hanggang 5 p.m., Lunes hanggang Biyernes

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帮助就在这里 您可能符合资格的福利

不限于家庭——单身人士和各种家庭类型均可申请。



财政援助项目为符合条件的低收入个人和家庭提供每月现金补助。



“加州食品援助”(CalFresh) 为低收入人士提供每月的 EBT 卡食品福利。



Medi-Cal 为低收入的加州居民提供免费或低成本的医疗保险。

如需了解更多信息或申请，请致电：

1-800-223-8383

或
访问

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周一至周五 上午8点至下午5点开放

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